

# Handheld Deep Tissue Massager

# **User** manual





## **USAGE INSTRUCTIONS**

Please read this carefully prior to use

### CHARGING

- 1. Fully charge the battery up to 3.5hs before first use.
- 2. LED indicator on battery flashes to show the charging status and battery level.
- 3. When the battery is fully charge, all LED indicators stop flashing and remain fully illuminated.
- 4. Battery can be recharged at any time and at any battery level.
- 5. It is not recommended to fully deplete the battery to red LED level.
- 6. The average battery life is 3+ hours depending on speed level and pressure applied during using.

#### OPERATING

- 1. Align and attach battery into base of unit-ensure it is securely locked in place.
- 2. Power device on by moving the power switch on the bottom of the battery to

the ON position. Power device off by moving the power switch to the OFF

position.

- 3. Press + and button to adjust machine speed.
- 4. Massage the desired body part at the desired speed applying pressure as needed.
- 5. To remove the battery, lightly press the battery release button with thumb.

Firmly pull downwards on the battery/handle with the other hand.

#### **MAINTENANCE, CLEANING & STORAGE**

- 1. Use a slightly damp towel to clean the device and dry with a soft cloth.
- 2. For storage or travel, please remove the battery and store in supplied carton box.

## **TECHNICAL PARAMETERS**

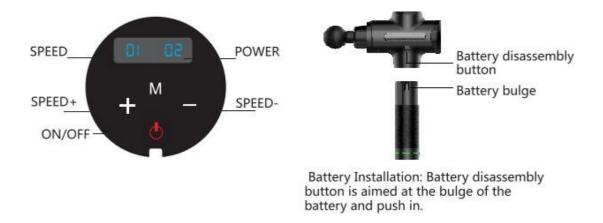
Model	Description	Rated	Rated	Battery	Charge	Battery	Amplitude
No.		Voltage	Frequency	life	Voltage		
MG8HEAD	Massage	16.8V	20-58Hz	4H	16.8V	4 Batteries	10MM
	Device					(2500mAh)	



### INTRODUCTION



The deep muscle fascia massage device is a portable rechargeable vibration device with large torque and long adjustment. It can effectively reduce the pain caused by the accumulation of lactic acid after intense exercise, and relieve the discomfort of muscles in the sedentary and long-lying population.



1. Turn on the power switch at the bottom of the device.

2. Press the start button and the device starts to run

3. Press "+" and "-" buttons to adjust the speed. Press "M" button to choose the three programs : P0/P1/P2/P3

4. When the battery power is less than 20%, the light line at the bottom of the device shows red; when the battery power is less than 10%, the power display window shows E1, which means you need to charge the battery in time
5. When the battery is fully charged, the light line at the bottom of the device turns to green.



## INSTRUCTION OF MASSAGE APPLICATOR

1.Round Shape



Round spherical design produces a power output of propagating and diffusing type between receiving and pushing. Strength is even and soft. It is suitable for massage and relaxation of waist, abdomen, buttocks and legs. As well as muscle relaxation before and after exercise, it is also recommended to use in these light weight fitness enthusiasts who like dancing, yoga, aerobics and so on.

2.Flat-head Shape



Small and brief design, on the basis of the plane, a small arc which fits the body modeling mechanism is added and make it feel better. Suitable for the inside and outside muscles of the abdomen, chest and legs of the human body.

#### 3.Arc Shape



A large arc suitable for human body modeling mechanism makes its massage more powerful and better touch experience. Suitable for the inside and outside muscles of the abdomen, chest and legs of the human body.



4.U Shape



The force path between the two points is even, the stimulation is in place and powerful, which can effectively carry out some simple acupoint massage. Reasonable U-shaped width size perfectly avoids the human spine and cervical vertebra, and achieves a better sense of experience. Suitable for shoulder, cervical spine and bilateral muscles. (Attention: It cannot directly hit the cervical spine and spine, otherwise it will cause physical injury)

5.Conical Shape



Simple shape, full of impact experience, direct pressure to the depths. Suitable for meridians, soles of feet, palms, Achilles tendons, rhomboid muscles of back, etc.

6.Thumb Shape



Thumb shaped massage applicator, is very suitable for acupressure massage. It is used for relaxation of various muscle, such as the palm of your hand and sole.



7.Air compression soft head



Suitable for cushioning shock of most muscle groups, which prevents damage to sensitive muscle groups.

8.Shovel shape



It is mainly be used for relaxing soft tissues and sensitive muscle groups, suitable for sculpting and relaxing abdominal lines

#### CAUTION

1. Do not immerse in water. Keep away from liquids or heat sources. Keep ventilation ports free from dust and debris.

- 2. Do not remove any screws or attempt to disassemble.
- 3. Do not operate continuously for more than one hour. Allow device to rest for
- 30 minutes before re-using.
- 4. Do not use the device on injured parts of the body.
- 5. For adult use only. Consult your doctor before using this product.

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#### SAFETY INSTRUCTIONS

DANGER: TO REDUCE THE RISKS OF ELECTRIC SHOCK, FIRE AND PERSONAL INJURY, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS.

1. For adult use only.

2. Use only on a dry clean surface of the body over clothing by lightly pressing and moving across the body for approximately 60 seconds per region.

3. Use the massage device only on the body's soft tissue as desired without producing pain or discomfort. Do not use on head or any hard and bony area of the body.

- 4. Use only the applicators that provide the best desired effect.
- 5. Bruising can occur regardless of control setting or pressure applied. Check treated areas frequently and immediately stop at first sign of pain or discomfort.

6. Keep fingers, hair or any other body parts away from the shaft and backside of the applicator as pinching may occur.

- 7. Do not place any objects into the ventilation holes of the Massage Device.
- 8. Do not immerse in water or allow water to enter the ventilation holes of the Massage Device.
- 9. Do not drop or misuse the Massage Device.
- 10. Only recharge with supplied 16.8V DC Massage Device charger.
- 11. Carefully examine device and battery before each use.
- 12. Do not tamper or alter Massage Device in any way.
- 13. Never leave the Massage Device operating or charging unattended.



#### DISCLAIMER

PLEASE DO NOT USE THE MASSAGE DEVICE OR ANY VIBRATION DEVICE WITHOUT FIRST OBTAINING APPROVAL FROM YOUR DOCTOR IF ANY OF THE FOLLOWING APPLY.

Pregnancy, diabetes with complications such as neuropathy or retinal damage, wear of pace-makers, recent surgery, epilepsy or spondylosis, recent joint replacements or IUD, metal pins or plates or any concerns about your physical health. Frail individuals and children should be accompanied by an adult when that you are not able to use a vibration or exercise device but we advise you to consult a doctor first.

Ongoing research is being done to the effects of vibration exercise for specific medical disorders. This will likely result in the shortening of the list of contra indications as shown above. Practical experience has shown the integration of vibration exercise into a treatment plan is advisory in a number of cases.

This must be done on the advice of and in accompaniment with a doctor, specialist or physiotherapist.

#### WARRANTY

WE WILL REPAIR OR REPLACE THE PRODUCT OR NECESSARY COMPONENTS IF THIS PRODUCTS FAILS DUE TO A DEFECT IN MATERIAL OR WORKMANSHIP WITHIN ONE YEAR FROM THE DATE OF PURCHASE.

This warranty excludes:

- Damage caused by accident, abuse, mishandling or transport;
- Units subjected to unauthorized repair;
- Units not used in accordance with instructions;
- Damage exceeding the cost of the product;
- Deterioration of the delivered product resulting from abnormal storage and /or safeguarding conditions on the client's premises;
- Failure to provide the dated proof of purchase.

For any inquires, issue or comments concerning our products, please send us an email to the address below and we will respond as soon as possible.

Feel free to contact us at 1300 881 773, send us an email at sales@elinz.com.au or chat with us.